



2 Day Pre-Designed

# **MBTI** Leadership Training Content

Exclusively Designed to Train Managers and Leaders on **Myers-Briggs Type Indicator**

1

2 DAY PRE-DESIGNED TRAINING CONTENT

2

8 MODULES, 80+ SLIDES

3

DETAILED TRAINER'S NOTES FOR EACH SESSION

4

ADDITIONAL CASE STUDIES FOR REAL TIME IMPLEMENTATION

## DESIGNED & DEVELOPED FOR

- Freelance Trainers & Facilitators
- **Leadership Trainers**
- **Organizational Development Coaches**
- HR & L&D Professionals
- Communication Skills Trainers
- New and Aspiring Trainers

**80+ SLIDES**

**WITH TRAINER'S NOTES FOR EACH SLIDE**

**Let's Look inside the Kit**





# This Pre-Designed Content holds 6 Folders



**And Each Folder holds  
specific Files**



## CONTENT DETAILS -

### **1. Program Outline and Agenda**

2 Day Detailed Program Outline of 8 Modules

### **2. Program PPT - Day 1**

Day 1 with 40+ Slides

### **3. Program PPT - Day 2**

Day 2 with 40+ Slides

### **4. Trainer's Guides for Each Module**

8 Specific Trainer's guides covering each session

### **5. Trainer's Notes for Each Slide**

8 Specific files covering each slide of every module

### **6. Case Studies in Storytelling Format**

5 Storytelling activities with Trainer's notes

# Let's Look at some Screenshots



# Of the Content



# Designed with Creativity and Elegance

## Leadership Implications of Temperaments

 <p><b>Guardians (SJ)</b></p> <p><b>Strengths:</b> Reliable, structured, process-driven</p> <p><b>Blind Spot:</b> Resist change, risk rigidity</p> <p><b>Leadership Value:</b> Build trust through consistency</p>	 <p><b>Artisans (SP)</b></p> <p><b>Strengths:</b> Energetic, adaptable, thrive in crises</p> <p><b>Blind Spot:</b> Weak at planning and follow-through</p> <p><b>Leadership Value:</b> Inspire action and agility</p>
 <p><b>Idealists (NF)</b></p> <p><b>Strengths:</b> Empathetic, motivational, values-driven</p> <p><b>Blind Spot:</b> Avoid conflict, overly idealistic</p> <p><b>Leadership Value:</b> Boost morale, foster growth and trust</p>	 <p><b>Rationals (NT)</b></p> <p><b>Strengths:</b> Strategic, analytical, visionary</p> <p><b>Blind Spot:</b> Can appear detached, overly critical</p> <p><b>Leadership Value:</b> Provide clarity and long-term vision</p>

## Activity: "The Island Survival Challenge"

S = Details & resources

N = Possibilities & big picture

T = Logic & structure

F = People & harmony

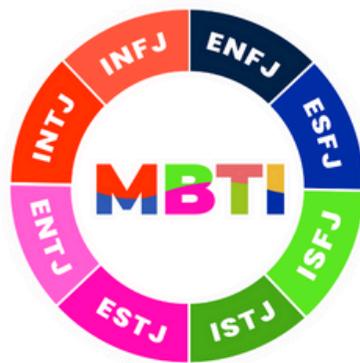
Debrief Questions:

- Whose voice dominated?
- What strengths emerged?
- What was overlooked?



## MBTI

The MBTI (Myers-Briggs Type Indicator) framework is a popular personality assessment tool that categorizes individuals into one of 16 distinct personality types based on their preferences across four dichotomies:



## Leadership in Action

Two managers handling the same issue differently



Discuss how both approaches have value and potential blind spots.

## Strengths & Pitfalls of Each Style

Style	Strengths	Pitfalls
E - I	Energetic vs. Thoughtful	May dominate vs. May stay silent
S - N	Practical vs. Visionary	Miss big picture vs. Miss details
T - F	Objective vs. Empathetic	May seem harsh vs. May avoid tough
J - P	Structured vs. Flexible	Inflexible vs. Procrastination risk

tion (E) vs. Introversi (I), Sensing (S) vs. i (N), Thinking (T) vs. Feeling (F), and J (J) vs. Perceiving (P).

ed by **Isabelle Myers and Katharine** t aims to help individuals understand ves and others better, and it's often used a building and personal development.

E - I

S - N

T - F

J - P

# Adaptive Leadership Strategies

Practical strategies to flex

<p><b>WITH GUARDIANS (SJ)</b></p>  <ul style="list-style-type: none"> <li>✓ Provide structure, timelines</li> <li>✓ Avoid flexibility</li> </ul>	<p><b>WITH ARTISANS (SP)</b></p>  <ul style="list-style-type: none"> <li>✓ Avoid flexibility</li> <li>✗ Require planning</li> </ul>
<p><b>WITH IDEALISTS (NF)</b></p>  <ul style="list-style-type: none"> <li>✓ Link to values, recognition</li> <li>✓ Reject ideals</li> </ul>	<p><b>WITH RATIONALS (NT)</b></p>  <ul style="list-style-type: none"> <li>✓ Offer logic, long-term vision</li> <li>✗ Be vague</li> </ul>

# For Master Trainers

## Real-Life Examples

- Extraversion
- Sensing
- Thinking
- Judging

VS

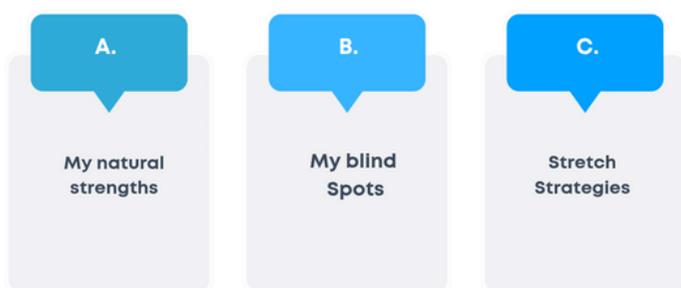
- Introversion
- Intuition
- Feeling
- Perceiving



## Artisans (SP)



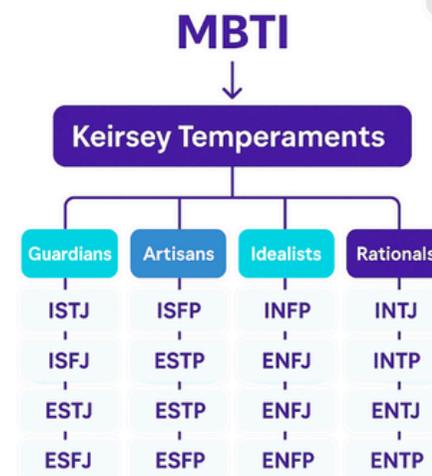
## Action Planning - Strengths & Stretch Worksheet:



### Reflection Prompt -

"If I had to lead with one strength more intentionally starting tomorrow, which would it be and why?"

## The Four Temperaments



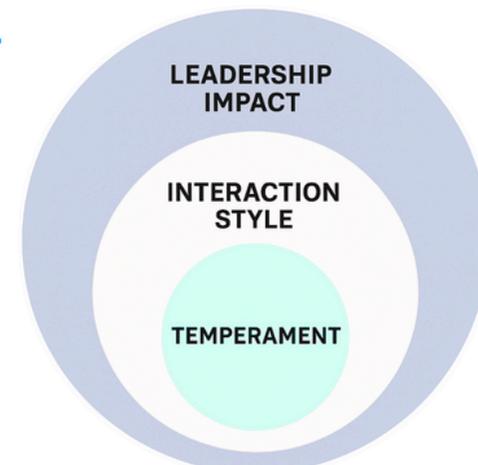
# Introduction to Keirsey Temperaments

Module 5



## Why Temperaments Matter

on



Day 1

## Understanding Personality Preferences

Module - 1

ICARIANS

Trainer's Guide -

### Module 1: Understanding Personality Preferences

(Duration: ~2 hours)

Objective -

- Introduce the MBTI framework.
- Help participants discover their personality preferences.
- Build curiosity and self-awareness before diving deeper into team dynamics.

Day 2

## Introduction to Keirse

## Temperaments

Module - 5

ICARIANS

Trainer's Guide -

### Module 5 : Introduction to Keirse

### Temperaments

Duration: ~2 hours

Objective

- Introduce participants to the four Keirse Temperaments (Guardians, Artisan Idealists, Rationals).
- Help them identify their own temperament preferences.
- Explore how temperaments shape leadership style, motivation, and communication.

# Supporting Files

# Screenshots

Day 1

## Exploring Differences and Work Dynamics

Module - 2

ICARIANS

Trainer's Guide -

Day 2

## Adaptive Leadership Strategies

Module - 8

ICARIANS

Trainer's Guide -

Module 8: Adaptive Leadership Strategies

Day 2

## Understanding Interaction Styles

Module - 7

ICARIANS

Trainer's Guide -

### Module 7: Understanding Interaction Styles

Duration: ~2.5-3 hours

Objective

- Understand the four Interaction Styles and how they shape communication.
- Recognize the impact of styles on leadership, collaboration, and decision-making.
- Practice flexing communication across different interaction styles.
- Build strategies to engage teams with authenticity and adaptability.

# This **Lifetime** Content is White labelled and Editable



**It means you can put your logo or  
customise it for your professional  
training sessions**





For Corporate Trainers

# Available to Download

## Pre Designed MBTI Leadership Training Content

- Program Outline and Agenda
- Day 1 and Day 2 with 80+ Slides
- Trainer's Notes for each slide
- Trainer's Guides
- Case Studies

**\$199.00**

~~\$249.00~~



For any questions or  
samples, click the  
link below

 **+91-8585-966-966**

 **TRAINERS@ICARIANS.NET**